

Counseling Division

Approved annual allocation 2025 and progress up to 31.12.2025

Allocation (Rs. Mn)		Progress (Rs. Mn)
Capital	11.295	10.849

Financial and physical progress of main development programs up to 30. 09. 2025

Project	Financial Progress	Physical Progress
01		1,168 programs were conducted to identify school students at risk of engaging in anti-social activities and behaviors, benefiting 85,941 students.
02	Rs. 5.295 million	Conducting 599 awareness and counseling programs to free school children from internet addiction and drug use (Number of beneficiaries 58,402).
03		930 awareness programs were organized to promote early detection of mental health disorders, referral care, and suicidal prevention among school children, benefiting 57,215 students.
04		1,186 counseling programs were conducted for youth mental empowerment, focusing on mental health, well-being, drug prevention, sex education, and suicidal prevention, benefiting 60,955 participants.
05		809 counseling programs were held on domestic violence prevention, benefiting 31,957 individuals.
06		1,435 awareness programs were conducted on family counseling, benefiting 56,884 beneficiaries.
07		240 pre-marital counseling programs were conducted, benefiting 9,396 participants.
08	Rs. 0.99 million	372 group counseling programs were implemented about psychosocial issues such as teenage pregnancy prevention and suicide prevention, benefiting 17,596 individuals.
09		1,255 awareness programs were conducted about the early detection of mental health disorders and referral care for community and officers (Number of beneficiaries 66,412).

10		Conducting 489 relaxation activities for elders with dementia and other aging disorders in elders homes registered under the National Elderly Secretariat (Number of beneficiaries 13,755).
11		Conducting 160 activity base counseling program for people with disabilities in disability homes registered under the National Secretariat for Persons with Disabilities (Number of beneficiaries 5,729).
12		Conducting 337 awareness programs on personal strengths, challenges and drug prevention for Aswesuma beneficiaries through the World Bank (number of beneficiaries 20,660) and conducting 299 individual counseling sessions.
13		Conducting 63 awareness programs on personal strengths, challenges and drug prevention for Aswesuma beneficiaries through the Asian Development Bank (number of beneficiaries 3,484) and conducting 322 individual counseling sessions.
14		83 programs and 210 individual counseling sessions were conducted at Vocational Training Centers under the Department of Social Services.
15		511 counseling programs and 3,198 individual counseling sessions were conducted at various organizations.
16		24,782 individual counseling sessions were conducted and 6,353 intervention plans were developed.
17		632 programs were conducted to enhance the mental health of government officers at ministry, district and divisional secretariats benefiting 32,342 participants.
18		23 counseling programs were conducted in Ministry and 22 districts due to the mental health week for 2405 beneficiaries.
19		Provide mobile counseling services for 2,878 persons.
20	Rs. 1.05 million	2 skill development training programs were organized for counseling officers.
21	Rs. 1.97 million	Two – week training program for psychological counseling officers who passed the Grade I efficiency bar examination.
22	Rs. 0.26 million	234 programs and 1723 individual counseling sessions were conducted for 14,709 people who affected by Cyclone Ditwah.